

# SUMMER 2019

## Wednesdays 6:10-7:10 pm

*Skills Program*

# "EDGE OUT"

## Skating Class for Hockey Players



July 17, 24, 31  
August 7, 14, 21, 28

[www.boltonicepalace.com](http://www.boltonicepalace.com)

Off-Season is a great time to improve skating skills so you can out-skate your opponent. This Spring Bolton Ice Palace is again offering "EDGE OUT" - a class for hockey players to strengthen their skating technique

Drills will focus on proper use of the blade's edges for maximum power and control. If skaters are of different skill levels, they will be divided up. Emphasis will be on forward and backward crossovers, turns, starts and stops. No equipment except helmet and gloves. All ages welcome.  
Director, Anita Carrano: [anicarr@charter.net](mailto:anicarr@charter.net), 860-305-9402

### Registration Form

Make checks payable to **Bolton Ice Palace, 145 Hop River Road, Bolton, CT 06043**  
Credit card also accepted in front office

*Family-Friendly  
Payment Plan*

Select which dates you can come and pay in advance OR purchase all 7 dates for a discounted price - no makeups.

Please **circle** and pay for the dates you can skate!

		July	August
Number of dates circled	_____	17	7
@ \$20 each date	x \$20	24	14
TOTAL	\$ _____	31	21 28

Sign up for all 7 classes at a discounted rate: **\$126**

Name \_\_\_\_\_ Age \_\_\_\_\_  
Parent \_\_\_\_\_ Phone \_\_\_\_\_ Gender M\_\_ F\_\_  
E-mail \_\_\_\_\_ Level \_\_\_\_\_

Payment: Amount \_\_\_\_\_ Cash \_\_\_\_\_ Check # \_\_\_\_\_ Charge \_\_\_\_\_



**A stronger skater makes a stronger player**

