

SPRING 2017

Skills Program

"EDGE OUT" Skating Class for Hockey Players



Saturdays 8-9 am
April 1, 8, 15, 22, 29

Mondays 7-8 pm
May 1, 8, 15, 22

www.boltonicepalace.com

Off-Season is a great time to improve skating skills so you can out-skate your opponent. This Spring Bolton Ice Palace is again offering "EDGE OUT" - a class for hockey players to strengthen their skating technique.

Drills will focus on proper use of the blade's edges for maximum power and control. If skaters are of different skill levels, they will be divided up. Emphasis will be on forward and backward crossovers, turns, starts and stops. No equipment except helmet and gloves. All ages welcome.

Director, Anita Carrano: anicarr@charter.net, 860-305-9402

Registration Form

Make checks payable to **Bolton Ice Palace, 145 Hop River Road, Bolton, CT 06043**

Credit card also accepted in front office

**Family-Friendly
Payment Plan**

Select which dates you can come and pay in advance OR purchase all 9 dates for a discounted price – no makeups.

Please **circle** and pay for the dates you can skate!

		Apr 8-9 am	May 7-8 pm
Number of dates circled	_____	1	1
@ \$20 each date	x \$20	8	8
TOTAL	\$_____	15	15
		22	22
		29	

Sign up for all 9 classes at a discounted rate: **\$160**

Name _____ Age _____
Parent _____ Phone _____ Gender M__ F__
E-mail _____ Level _____

Payment: Amount _____ Cash _____ Check # _____ Charge _____



A stronger skater makes a stronger player

